



Municipality of Anchorage WIC Program

The Municipality of Anchorage Department of Health and Human Services provides WIC services to women, infants and children within the Municipality of Anchorage. This includes Girdwood, Anchorage, Eagle River, Chugiak, Peters Creek and Eklutna. We have 3 main WIC clinics and one satellite clinic located throughout the Municipality of Anchorage. The 3 main clinics are located in downtown Anchorage, East Anchorage and Eagle River. The satellite clinic is open one day per month in Girdwood at the Girdwood Clinic.

The Municipality of Anchorage WIC staff consists of Registered Dietitians, Nutrition Educators and Family Service Aides. WIC staff provide nutrition education via one-on-one counseling sessions, interactive bulletin boards, interactive nutrition activities on the computer and workshops. In addition, the Municipality of Anchorage is implementing a library project in January 2003 called "Food for Thought: Reading with Your Child". The WIC Program will provide access to nutrition-related children's books at all Municipal Libraries to promote nutrition and the importance of reading to children.

The Kid's Club workshop is offered to children ages 3 and older. During this workshop, the counselor discusses healthy snacks, does a small exercise activity (dances around to a song) and then the children make a 'healthy snack'. We offer this workshop once a month at Boniface and L Street.

